

BASED ON 20 YEARS OF PROFESSIONAL COACHING EXPERIENCE

# How to Improve the Sound of Your Speaking Voice



**PRESTON NI**  
COMMUNICATION COACHING

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This book is intended for readers whose voice needs improvement due to poor intonation habits, and/or social-cultural-psychological conditioning. If you have medical issues impacting voice (such allergies or nasal congestion), vocal damage (such as raspy, broken, or frequent loss of voice), or other physical conditions which impact your voice, see medical doctors for support. This book is not intended as, and should in no way be considered a substitute for medical treatment.

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*“The human voice is the organ of the soul.”*

— Henry Longfellow

*“Our voice is a beautiful instrument, but many of us forget to take full advantage of this wonderful gift. Access your best voice, and you'll access your best self!”*

— Preston Ni

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# *Introduction*

Do you like the sound of your voice? Does your tone of voice benefit or hurt you in your life? Would you like to access your strongest and most attractive sounding voice?

I once moderated a Fortune 500 company meeting where three senior vice presidents answered employee questions about professional advancement. Prior to the event, I asked a technician if these three executives (a woman and two men), whom I had not yet met, should be hooked-up with microphones. “Oh no,” he replied, “you listen to their voices, and you immediately know why they’re vice-presidents!”

In my twenty years of communication training and coaching, I notice one consistency about voice: a person with a strong, attractive voice has a big advantage over a person with a weak, unattractive voice. A person with a good voice commands attention, gets interrupted less, and is more likely to be perceived as a leader.

This practical book will show you many tips and strategies to help improve the tone of your voice, so you can command greater attention and respect. Whether your goal is to sound more clearly and powerfully in your professional life, personal life, or both, the instructions outlined in this book may show you how.

There's more to this excerpt!

Get the entire book at **[www.nipreston.com](http://www.nipreston.com)**.

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Questions and comments? E-mail **[commsuccess@nipreston.com](mailto:commsuccess@nipreston.com)**



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